

Breakfast in the Classroom

The Massachusetts Harvest of Month Feature is Tomatoes!



SEPTEMBER 2025 Orange Elementary School

Ralph C. Mahar Regional & School Union 73

MONDAY

1



8

1oz. Multigrain Cheerios & String Cheese
With Raisins
And Fresh Clementine, White Skim Milk & White 1% Milk

15

1oz. WG RS Trix Cereal & String Cheese
With Raisins
And Fresh Clementine, White Skim Milk & White 1% Milk

22

1oz. WW RS Frosted Mini Wheat Cereal & String Cheese
With Raisins
And Fresh Clementine, White Skim Milk & White 1% Milk

29

1oz. WG RS Cocoa Puff Cereal & String Cheese
With Raisins
And Fresh Clementine, White Skim Milk & White 1% Milk

TUESDAY

2

WG Super Slice Bread
With 100% Fruit Juice
And Fresh Apple Slices, White Skim Milk & White 1% Milk

9

Egg & Cheese Breakfast Scrambler
With 100% Fruit Juice
And Mixed Fruit Cup, White Skim Milk & White 1% Milk

16

Cheese & Bacon Egg Bite
With 100% Fruit Juice
And Peach Cup, White Skim Milk & White 1% Milk

23

Egg, Cheese & Turkey Sausage Breakfast Scrambler
With 100% Fruit Juice
And Pear Cup, White Skim Milk & White 1% Milk

30

Three Cheese Egg Bite
With 100% Fruit Juice
And Applesauce Cup, White Skim Milk & White 1% Milk

WEDNESDAY

3

WG Mini Pancakes
With Fruit Cup
And Fresh Stone Fruit, White Skim Milk & White 1% Milk

10

1oz. WG RS Cocoa Puff Cereal & a Hard-Boiled Egg
With Mixzees Dried Fruit Blend
And Fresh Apple Slices, White Skim Milk & White 1% Milk

17

1oz. WG Kix Cereal & a Hard-Boiled Egg
With Mixzees Dried Fruit Blend
And Fresh Apple Slices, White Skim Milk & White 1% Milk

24

1oz. WG RS Cinnamon Toast Crunch & a Hard-Boiled Egg
With Mixzees Dried Fruit Blend
And Fresh Apple Slices, White Skim Milk & White 1% Milk

THURSDAY

4

2oz. WG RS Cinnamon Toast Crunch Cereal
With Dried Fruit
And Fresh Apple Slices, White Skim Milk & White 1% Milk

11

WG Apple Frudal
With 100% Fruit Juice
And Fresh Assorted Stone Fruit, White Skim Milk & White 1% Milk

18

WG Cinnamon Crumb Mini Loaf
With 100% Fruit Juice
And Fresh Assorted Stone Fruit, White Skim Milk & White 1% Milk

25

WG Super Slice Pumpkin Bread
With 100% Fruit Juice
And Fresh Assorted Stone Fruit, White Skim Milk & White 1% Milk

FRIDAY

5

WG Waffle
With 100% Fruit Juice
And Fresh Banana, White Skim Milk & White 1% Milk

12

1oz. GF WG Cinnamon Chex Cereal & Danimal Yogurt
With Cherry Craisins
And Fresh Banana, White Skim Milk & White 1% Milk

19

1oz. WG RS Marshmallow Matey Cereal & Danimal Yogurt
With Strawberry Craisins
And Fresh Banana, White Skim Milk & White 1% Milk

26

1oz. Multigrain Cheerio & Danimal Yogurt
With Original Craisins
And Fresh Banana, White Skim Milk & White 1% Milk



One Full Reimbursable Breakfast is Free to Each Student.
A La Carte Items will be charged accordingly.

Manage Your Student's Account Online
- Make Prepayments - View Transaction History - View Account Balance - Visit www.MvSchoolBucks.com



A K-12 USDA Reimbursable Breakfast Includes... 1 Skim or 1% White Milk, a Whole Grain Item or a Plant/Animal Based Protein & Fruit or Vegetable

Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need.

If you have any questions or would like additional information regarding this menu, please contact your food service director at kbressani@rcmahar.org

This institution is an equal opportunity provider.