

NSLP Afterschool SNACK MONTHLY MENU

January 2025 – Ralph C. Mahar Regional School

Grade Range: K-12

Total Snacks for Month:

AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	6 WG Graham Crackers 4 oz. 100% Fruit Juice Fresh Apple Total Count:	7 Assorted WG Chips 4 oz. 100% Fruit Juice Carroteenies Total Count:	8 String Cheese 4 oz. 100% Fruit Juice Peach Slushy Cup Total Count:	9 Sunbutter Cup 4 oz. 100% Fruit Juice Celery Sticks Total Count:	10 Tostitos Scoops Guacamole 4 oz. 100% Fruit Juice Total Count:
AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	13 WG Goldfish 4 oz. 100% Fruit Juice Petite Banana Total Count:	14 WG Bar 4 oz. 100% Fruit Juice Apricot Slushy Cup Total Count:	15 <i>No After School Program</i>	16 Chex Mix 4 oz. 100% Fruit Juice Cucumber Coins Total Count:	17 WG Graham Crackers 4 oz. 100% Fruit Juice Fresh Apple Total Count:
AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	20 No School MLK Day	21 Upstate Farms Yogurt Cup 4 oz. 100% Fruit Juice Craisins Total Count:	22 WG Pretzel Goldfish 4 oz. 100% Fruit Juice Fresh Apple Total Count:	23 Assorted WG Chips 4 oz. 100% Fruit Juice Fresh Fruit Total Count:	24 No School Semester Change
AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	27 String Cheese 4 oz. 100% Fruit Juice Petite Banana Total Count:	28 Sunbutter Cup 4 oz. 100% Fruit Juice Celery Sticks Total Count:	29 WG Graham Crackers 4 oz. 100% Fruit Juice Fresh Apple Total Count:	30 WG Cheez It 4 oz. 100% Fruit Juice Peach Slushy Cup Total Count:	31 Strawberry-Banana Smoothie WW Crackers Total Count:

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1. **mail:**

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. **fax:**

(833) 256-1665 or (202) 690-7442; or

3. **email:**

Program.Intake@usda.gov

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