## NSLP Afterschool SNACK MONTHLY MENU

Meat or Alternate

**Total Count:** 

| April 2025 – Ralph C. Mahar Regional School       |                       |                       | Grade Range: K-12     | <b>Total Snacks for Month:</b> |                     |
|---|-----------------------|-----------------------|-----------------------|--------------------------------|---------------------|
| AFTERNOON SNACK                                   | MONDAY                | TUESDAY               | WEDNESDAY             | THURSDAY                       | FRIDAY              |
| (Serve any two of the following):                 | 31                    | 1                     | 2                     | 3                              | 4                   |
|   |                       | WG Goldfish 4oz.      | WG ZeeZee Bar         | WG Scooby Snacks               | WG Cheez Itz        |
| Milk  |                       | 100% Fruit Juice      | 100% Fruit Slushy Cup | Strawberry Banana              | 100% Fruit Juice    |
| 3/4 cup Fruit and/or                              |                       | Fresh Apple Slices    | Petite Banana         | Smoothie                       | Fresh Apple Slices  |
| Vegetable   |                       | Tresh rippie sinces   | Total Banana          | Dried Fruit                    | Tresh rippie shees  |
| Bread or Alternate Meat or Alternate              |                       |                       |                       | Dried Fruit                    |                     |
| Meat of Atternate                                 |                       | <b>Total Count:</b>   | <b>Total Count:</b>   | <b>Total Count:</b>            | <b>Total Count:</b> |
| AFTERNOON SNACK                                   | MONDAY                | TUESDAY               | WEDNESDAY             | THURSDAY                       | FRIDAY              |
| (Serve any two of the following):                 | 7                     | 8                     | 9                     | 10                             | 11                  |
|   | WG Pop-Tart           | WG Teddy Grahams      | WG Doritos            | WG Chex Mix                    | WG Goldfish         |
| Milk  | 100% Fruit Slushy Cup | Peach Smoothie        | 100% Fruit Juice      | 100% Fruit Slushy Cup          | Strawberry Banana   |
| <sup>3</sup> / <sub>4</sub> cup Fruit and/or      | Petite Banana         | Dried Fruit           |                       | Petite Banana                  | Smoothie            |
| Vegetable   | Fettle Ballalla       | Diled Fluit           | Fresh Apple Slices    | retite Ballalla                | Dried Fruit         |
| Bread or Alternate                                |                       |                       |                       |                                | Dried Fruit         |
| Meat or Alternate                                 | T A L C               | The state of          |                       |                                | T . 1 . C           |
| A FIRST NO ON GNA GVA                             | Total Count:          | Total Count:          | Total Count:          | Total Count:                   | Total Count:        |
| AFTERNOON SNACK                                   | MONDAY                | TUESDAY               | WEDNESDAY             | THURSDAY                       | FRIDAY              |
| (Serve any two of the following):                 | 14                    | 15                    | 16                    | 17                             | 18                  |
| Milk  | WG ZeeZee Bar         | WG Scooby Snacks      |                       | WG Cheez Itz                   | WG Pop-Tart         |
| 3/4 cup Fruit and/or                              | 100% Fruit Juice      | 100% Fruit Slushy Cup | No After School       | Peach Smoothie                 | 100% Fruit Juice    |
| Vegetable   | Fresh Apple Slices    | Petite Banana         | Program               | Dried Fruit                    | Fresh Apple Slices  |
| Bread or Alternate                                |                       |                       |                       |                                |                     |
| Meat or Alternate                                 | <b>Total Count:</b>   | <b>Total Count:</b>   |                       | <b>Total Count:</b>            | <b>Total Count:</b> |
| AFTERNOON SNACK                                   | MONDAY                | TUESDAY               | WEDNESDAY             | THURSDAY                       | FRIDAY              |
| (Serve any two of the following):                 | 21                    | 22                    | 23                    | 24                             | 25                  |
| Milk  | A ** T T /*           | 4 ** ** **            | A • 7 %7              | A • # W7                       | 4 *7 87 .*          |
| 3/4 cup Fruit and/or                              | April Vacation        | April Vacation        | April Vacation        | April Vacation                 | April Vacation      |
| Vegetable   |                       |                       |                       |                                |                     |
| Bread or Alternate                                |                       |                       |                       |                                |                     |
| Meat or Alternate                                 |                       |                       |                       |                                |                     |
| AFTERNOON SNACK                                   | MONDAY                | TUESDAY               | WEDNESDAY             | THURSDAY                       | FRIDAY              |
| (Serve any two of the following):                 | 28                    | 29                    | 30                    | 1                              | 2                   |
| Milk  | WG Teddy Grahams      | WG Doritos            | WG Chex Mix           |                                |                     |
| Milk <sup>3</sup> / <sub>4</sub> cup Fruit and/or | 100% Fruit Slushy Cup | Strawberry Banana     | 100% Fruit Juice      |                                |                     |
| Vegetable   | Petite Banana         | Smoothie              | Fresh Apple Slices    |                                |                     |
| Bread or Alternate                                |                       | Dried Fruit           |                       |                                |                     |
| Mast on Alternate                                 |                       |                       |                       |                                |                     |

**Total Count:** 

**Total Count:** 

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