The Massachusetts Farm to School Feature for June is Strawberries! We're sourcing Local Strawberries & serving them up in unexpected ways this month! Find our Recipes here!

JUNE 2025 Petersham Center School

Ralph C. Mahar Regional & School Union 73

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY





Pulled Pork simmered with Peppers & Onions atop Buttery Mashed Potatoes, with a Side of Gravy, Sugar Snap Peas, Peach Cup & Fresh Blueberries

Global Flavors!

African Chicken & Kale Stew served over Sesame Rice with Sweet Red Pepper Strips, Mixed Fruit Cup & Orange Wedges



Pepperoni or Cheese WW French Bread Pizza served with Cumin Roasted Broccoli, Garden Side Salad, Applesauce Cup & Fresh Watermelon Wedges

5 WG Tostitos Scoops with Cheese Sauce & Mexi Seasoned Beef served with Rice & Beans. White Bean & Strawberry Salsa, Lettuce. Guacamole & Pear Cup

Turkey Pot Pie filled with Peas & Carrots topped with a WW Biscuit and served with Chef's Choice of Assorted Fruits & Vegaies

Alternate Meals: Turkey & Cheese Sandwich on Whole Wheat with Lettuce & Tomato, WW Muffin Fun Lunch, or Berry Chicken Salad with a WW Pretzel





WW Ziti & Meatballs served with Parmesan Cheese, Lemon Garlic Broccoli, Caesar Side Salad, Peach Cup & Fresh Blueberries

Teriyaki Chicken Sandwich on a WW Bun with Seasoned Sweet Potatoes, Heirloom Cherry Tomatoes, Mixed Fruit Cup & Orange Wedges

11 2

Chicken & Cheese Quesadilla with Sofrito Black Beans, Rainbow Salsa, Sour Cream, Guacamole, Applesauce Cup & Fresh Watermelon Wedges

12

2 Pieces of Bone in Orange Chicken with Strawberry Cornbread Panzanella, Cool Corn & Edamame Salad, Pear Cup & Fresh Strawberries 13

School Wide Field Trip to Sturbridge Village!

Please be sure to return your Field Trip Lunch Order Forms by 6/6

Alternate Meals: Egg Salad Sub on a Whole Wheat with Lettuce & Tomato, WW Bagel Fun Lunch, or Yogurt Sunrise Fox Box



16

Grilled Cheese on Whole Grain Focaccia Bread with Baked Fries, Carrot & Red Pepper Dippers with Hummus, Peach Cup & Fresh Blueberries

Field Day!

Hamburger, Cheeseburger, or All Beef Hot Dog with Corn on the Cob, Homemade Potato Salad, 100% Juice Slushie Pouch & Fresh Watermelon Wedges

18

Big Daddy's Cheese or Pepperoni Pizza served with Sauteed Kale, Crunchy Broccoli Bites with Ranch Dip, Applesauce Cup & Fresh Orange Wedges

19



20

Early Release

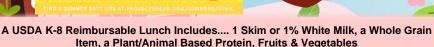
Choose from Southwest Pasta Salad or a Cheerio Cereal Fun Lunch both served with assorted fruits & veggies

Alternate Meals: Ham & Cheese Sandwich with Lettuce & Tomato on a Whole Wheat Kaiser Bun. Cheerio Cereal Fun Lunch. Southwest Pasta Salad with Yogurt Dressing



Our Summer Eats Program for Kids & Teens Begins Monday July 7th and Ends on Friday August 1st. Monday - Friday, Breakfast is available from 8:00 a.m. - 9:00 a.m. & Lunch is available from 11:00 a.m. - 12:00 p.m. New this year! Have Lunch with your Kids or Teens on Fridays for Free!





Assorted Condiments, Carroteenies, Skim Milk, or 1% White Milk are Available Daily

Manage Your Student's Account Online - Make Prepayments - View Transaction History - View Account Balance - Visit www.MySchoolBucks.com

One Full Reimbursable Lunch is Free to Each Student - A La Carte Items will be charged accordingly.

Alternative Milk Choices, such as Lactaid or Soy Milk, are available with a documented dietary need.

If you have any questions, or would like additional information regarding this menu, please contact your Food Service Director at kbressani@rcmahar.org . This institution is an equal opportunity provider.