

# Lunch

The Massachusetts Farm to School Feature for June is Strawberries! We're sourcing Local Strawberries & serving them up in unexpected ways this month! Find our Recipes [here!](#)

JUNE 2025  
Petersham Center School



Ralph C. Mahar Regional &  
School Union 73

## MONDAY

2

Pulled Pork simmered with Peppers & Onions atop Buttery Mashed Potatoes, with a Side of Gravy, Sugar Snap Peas, Peach Cup & Fresh Blueberries

## TUESDAY

3

### Global Flavors!

African Chicken & Kale Stew served over Sesame Rice with Sweet Red Pepper Strips, Mixed Fruit Cup & Orange Wedges

## WEDNESDAY

4

Pepperoni or Cheese WW French Bread Pizza served with Cumin Roasted Broccoli, Garden Side Salad, Applesauce Cup & Fresh Watermelon Wedges

## THURSDAY

5

WG Tostitos Scoops with Cheese Sauce & Mexi Seasoned Beef served with Rice & Beans, White Bean & Strawberry Salsa, Lettuce, Guacamole & Pear Cup

## FRIDAY

6

Turkey Pot Pie filled with Peas & Carrots topped with a WW Biscuit and served with Chef's Choice of Assorted Fruits & Veggies

*Alternate Meals: Turkey & Cheese Sandwich on Whole Wheat with Lettuce & Tomato, WW Muffin Fun Lunch, or Berry Chicken Salad with a WW Pretzel*

9

WW Ziti & Meatballs served with Parmesan Cheese, Lemon Garlic Broccoli, Caesar Side Salad, Peach Cup & Fresh Blueberries

10

Teriyaki Chicken Sandwich on a WW Bun with Seasoned Sweet Potatoes, Heirloom Cherry Tomatoes, Mixed Fruit Cup & Orange Wedges

11

Chicken & Cheese Quesadilla with Sofrito Black Beans, Rainbow Salsa, Sour Cream, Guacamole, Applesauce Cup & Fresh Watermelon Wedges

12

2 Pieces of Bone in Orange Chicken with Strawberry Cornbread Panzanella, Cool Corn & Edamame Salad, Pear Cup & Fresh Strawberries

13

### School Wide Field Trip to Sturbridge Village!

Please be sure to return your Field Trip Lunch Order Forms by 6/6

*Alternate Meals: Egg Salad Sub on a Whole Wheat with Lettuce & Tomato, WW Bagel Fun Lunch, or Yogurt Sunrise Fox Box*

16

Grilled Cheese on Whole Grain Focaccia Bread with Baked Fries, Carrot & Red Pepper Dippers with Hummus, Peach Cup & Fresh Blueberries

17

### Field Day!

Hamburger, Cheeseburger, or All Beef Hot Dog with Corn on the Cob, Homemade Potato Salad, 100% Juice Slushie Pouch & Fresh Watermelon Wedges

18

Big Daddy's Cheese or Pepperoni Pizza served with Sauteed Kale, Crunchy Broccoli Bites with Ranch Dip, Applesauce Cup & Fresh Orange Wedges

19



20

### Early Release

Choose from Southwest Pasta Salad or a Cheerio Cereal Fun Lunch both served with assorted fruits & veggies

*Alternate Meals: Ham & Cheese Sandwich with Lettuce & Tomato on a Whole Wheat Kaiser Bun, Cheerio Cereal Fun Lunch, Southwest Pasta Salad with Yogurt Dressing*

FREE MEALS FOR ALL KIDS + TEENS. NO I.D OR REGISTRATION REQUIRED.

**SCHOOL IS OUT**  
**FREE MEALS ARE IN**  
**SUMMER IS ON!**



FIND A SUMMER EATS SITE AT [PROJECTBREAD.ORG/SUMMEREATSMA](http://PROJECTBREAD.ORG/SUMMEREATSMA).

**Our Summer Eats Program for Kids & Teens Begins Monday July 7<sup>th</sup> and Ends on Friday August 1<sup>st</sup>.**  
**Monday – Friday, Breakfast is available from 8:00 a.m. – 9:00 a.m. & Lunch is available from 11:00 a.m. – 12:00 p.m.**  
**New this year! Have Lunch with your Kids or Teens on Fridays for Free!**  
[Find a Site Near You!](#)



**A USDA K-8 Reimbursable Lunch Includes.... 1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Vegetables**

Assorted Condiments, Carroteenies, Skim Milk, or 1% White Milk are Available Daily

Manage Your Student's Account Online - Make Prepayments - View Transaction History  
- View Account Balance – Visit [www.MySchoolBucks.com](http://www.MySchoolBucks.com)

**One Full Reimbursable Lunch is Free to Each Student - A La Carte Items will be charged accordingly.**

Alternative Milk Choices, such as Lactaid or Soy Milk, are available with a documented dietary need.

If you have any questions, or would like additional information regarding this menu, please contact your Food Service Director at [kbressani@rcmahar.org](mailto:kbressani@rcmahar.org). **This institution is an equal opportunity provider.**