

Lunch

Earth Day is April 22<sup>nd</sup>!  
 Earth Day Activities are happening  
 all over the world! Find out more  
 here: <https://www.earthday.org/>

APRIL 2025  
 Petersham Center School

Ralph C. Mahar Regional &  
 School Union 73



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Chicken Nugget & Mozzarella Stick Combo with Baked Sweet Potato Fries, Moroccan Carrot Salad with Cinnamon, Mixed Fruit Cup & Watermelon Wedges

2

Beef & Broccoli Lo Mein with Bamboo Shoots and Bean Sprouts, Cucumber Wheels, Peach Cup & Fresh Grapes

3

Hamburger or Cheeseburger on a WW Bun served with Vegetarian Baked Beans, 3 Bean Salad, Pear Cup & Fresh Strawberries

4

Pepperoni or Cheese French Bread Pizza with Soy, Honey, Ginger Sauteed Bok Choy & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Turkey BLT Sandwich on Whole Wheat, WW Muffin Fun Lunch, or Yogurt & Granola Fox Box



7

Chicken Noodle Soup & Grilled Cheese on WG Bread with Steamed Green Peas, Potato Salad, Strawberry & Cream Cup & Orange Wedges

8

BBQ Chicken Sandwich on a WW Bun with Baked Sweet Potato Fries, Homemade Pico De Gallo, Mixed Fruit Cup & Watermelon Wedges

9

Big Daddy's Cheese or Ham & Pineapple Pizza on WW Crust with Steamed Green Beans, Raw Cauliflower Snackers, Peach Cup & Fresh Grapes

10

Chicken & Vegetable Dumpling with Dipping Sauce, Vegetable Fried Rice, Roasted Edamame, Crunchy Roasted Chickpeas, Pear Cup & Fresh Strawberries

11

Homemade Mac & Cheese with Somerville Lemon Zest Broccoli & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: All American Sub (Ham, Turkey & Cheese) on Whole Wheat, WW Bagel Fun Lunch, or Chicken Caesar Salad with a Whole Wheat Pretzel

14

**Brunch for Lunch!**  
 French Toast Sticks with Baked Potato Wedges, Spring Pea & Mint Salad, Strawberry & Cream Cup & Orange Wedges

15

Turkey Pot Pie filled with Peas & Carrots topped with a WW Biscuit, Sweet Red Pepper Strips, Mixed Fruit Cup & Watermelon Wedges

16

**Early Release**  
 Choose from: a Power Up! Fox Box or a Cheerio Cereal Fun Lunch both served with assorted fruits & veggies

17

**Global Flavors!**  
 Moroccan Chickpea Stew served over Long Grain Wild Rice, Hummus & Veggie Snackers, Pitted Dates & Fresh Strawberries

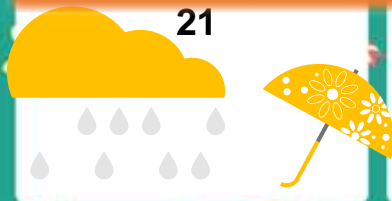
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Stuffed Crust Cheese or Pepperoni Pizza Slice with Sauteed Local Fiddleheads & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Egg Salad Sandwich on a Whole Wheat Croissant, Cheerio Cereal Fun Lunch, Power Up! Fox Box



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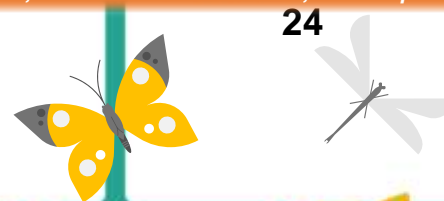
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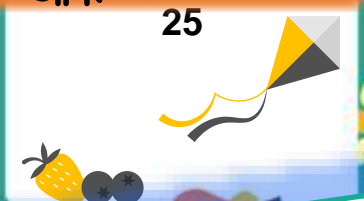
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24



25



28

2 Pieces of Bone-In BBQ Baked Chicken served with Corn on the Cob, a Fresh Baked Cookie, Potato Salad, Strawberry & Cream Cup & Orange Wedges

29

Turkey Gyro with Homemade Cucumber Sauce on a WW Pita with Baked Sweet Potato Fries, Heirloom Tomatoes, Mixed Fruit Cup & Watermelon Wedges

30

Cheese or Veggie Individual Deep-Dish Pizza on a WW Crust with Roasted Local Asparagus, Green Pepper Strips, Peach Cup & Fresh Grapes

Alternate Meals: Sunbutter & Jelly Sandwich on Whole Wheat, WW Muffin Fun Lunch, or Vegan Strawberry Fields Salad with WW Pita

As the Massachusetts Growing Season Begins to pick up, look for the Leaf on the Menu that will Highlight Locally Grown Items

A USDA K-8 Reimbursable Lunch Includes.... 1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Vegetables

One Full Reimbursable Lunch is Free to Each Student - A La Carte Items will be charged accordingly.

Alternative Milk Choices, such as Lactaid or Soy Milk, are available with a documented dietary need.

If you have any questions, or would like additional information regarding this menu, please contact your Food Service Director at [kbressani@rcmahar.org](mailto:kbressani@rcmahar.org)

This institution is an equal opportunity provider.

Assorted Condiments, Carroteenies, Skim Milk, or 1% White Milk are Available Daily

Manage Your Student's Account Online - Make Prepayments - View Transaction History  
 - View Account Balance - Visit [www.MySchoolBucks.com](http://www.MySchoolBucks.com)