

Breakfast

June is National Dairy Month!
Dairy milk provides a unique package of 13 essential nutrients. All our Dairy Milk is supplied by Local New England Farms. Find out More [Here!](#)

JUNE 2025
Petersham Center School 

Ralph C. Mahar Regional & School Union 73

MONDAY

2

WG Breakfast Bar or WG Pop-Tart with String Cheese or Assorted WG Cereals with Goldfish, Fresh Apple Slices, Banana, Mandarin Orange & 100% Fruit Juice

9

WG Breakfast Bar or WG Pop-Tart with String Cheese or Assorted WG Cereals with Goldfish, Fresh Apple Slices, Banana, Mandarin Orange & 100% Fruit Juice

16

WG Breakfast Bar or WG Pop-Tart with String Cheese or Assorted WG Cereals with Goldfish, Fresh Apple Slices, Banana, Mandarin Orange & 100% Fruit Juice

TUESDAY

3

Ham & Cheese Croissantwich or WG Belgian Waffle or Assorted WG Cereals with a Graham Cracker, Fresh Apple Slices, Banana, Mandarin Orange & 100% Fruit Juice

10

Cinnamon & Sugar Monte Cristo Biscuit or WG Belgian Waffle or Assorted WG Cereals with a Graham Cracker, Fresh Apple Slices, Banana, Mandarin Orange & 100% Fruit Juice

17

Ham & Cheese Croissantwich or WG Belgian Waffle or Assorted WG Cereals with a Graham Cracker, Fresh Apple Slices, Banana, Mandarin Orange & 100% Fruit Juice

WEDNESDAY

4

Breakfast Fried Rice or WG Super Slice Breakfast Bread or Assorted WG Cereals with Cheez Itz, Fresh Apple Slices, Banana, Mandarin Orange & 100% Fruit Juice

11

Fruit & Berry Overnight Oats or WG Super Slice Breakfast Bread or Assorted WG Cereals with Cheez Itz, Fresh Apple Slices, Banana, Mandarin Orange & 100% Fruit Juice

18

Breakfast Fried Rice or WG Super Slice Breakfast Bread or Assorted WG Cereals with Cheez Itz, Fresh Apple Slices, Petite Banana, Mandarin Orange & 100% Fruit Juice

THURSDAY

5

Egg & Cheese Sandwich on a WW Biscuit or WW Bagel & Cream Cheese or Assorted WG Cereals with a Graham Cracker, Fresh Apple Slices, Banana, Mandarin Orange & 100% Fruit Juice

12

Sausage, Egg & Cheese Sandwich on a WW Biscuit or WW Bagel & Cream Cheese or Assorted WG Cereals with a Graham Cracker, Fresh Apple Slices, Banana, Mandarin Orange & 100% Fruit Juice

19



FRIDAY

6

WG Muffin or WG Pop-Tart with a Yogurt or Assorted WG Cereals with Pretzels, Fresh Apple Slices, Petite Banana, Mandarin Orange & 100% Fruit Juice

13

WG Muffin or WG Pop-Tart with a Yogurt or Assorted WG Cereals with Pretzels, Fresh Apple Slices, Petite Banana, Mandarin Orange & 100% Fruit Juice

20

WG Muffin or WG Pop-Tart with a Yogurt or Assorted WG Cereals with Pretzels, Fresh Apple Slices, Petite Banana, Mandarin Orange & 100% Fruit Juice

HELLO SUMMER, HELLO FREE MEALS

FREE MEALS FOR ALL KIDS + TEENS

www.ProjectBread.org/SummerEats

Our Summer Eats Program for Kids & Teens Begins Monday July 7th and Ends on Friday August 1st. Monday – Friday, Breakfast is available from 8:00 a.m. – 9:00 a.m. & Lunch is available from 11:00 a.m. – 12:00 p.m. New this year! Have Lunch with your Kids or Teens on Fridays for Free!

[Find a Site Near You!](#)

CENTRAL MASS GROWN

A USDA K-8 Reimbursable Breakfast Includes...

1 Skim or 1% White Milk, Fruit, & a Whole Grain Breakfast Item

Assorted Condiments, Skim Milk, or 1% White Milk are Available Daily

Manage Your Student's Account Online - Make Prepayments - View Transaction History
- View Account Balance – Visit www.MySchoolBucks.com

One Full Reimbursable Breakfast is Free to Each Student – Breakfast is Available until 10:00 a.m.

Alternative Milk Choices, such as Lactaid or Soy Milk, are available with a documented dietary need.

If you have any questions, or would like additional information regarding this menu, please contact your Food Service Director at kbressani@rcmahar.org. **This institution is an equal opportunity provider.**