

Breakfast in the Classroom

The Massachusetts Harvest of Month Feature is Pears!



OCTOBER 2025 Orange Elementary School

Ralph C. Mahar Regional &
School Union 73 Website

MONDAY



6

1oz. Blueberry Pomegranate Oatmeal Bar & String Cheese
With
100% Fruit Juice
And
Fresh Apple Slices, White Skim Milk & White 1% Milk

**INDIGENOUS
PEOPLES'
DAY**

20

2oz. Zee Zee's Breakfast Bar & String Cheese
With
100% Fruit Juice
And
Fresh Apple Slices, White Skim Milk & White 1% Milk

27

1oz. Oatmeal Cranberry Bar & String Cheese
With
100% Fruit Juice
And
Fresh Apple Slices, White Skim Milk & White 1% Milk

TUESDAY



7

Turkey Sausage, Egg & Cheese WG Empanada
With
Raisins
And
Fresh Stone Fruit, White Skim Milk & White 1% Milk

14

Three Cheese Egg Bite
With
Raisins
And
Fresh Stone Fruit, White Skim Milk & White 1% Milk

21

Egg, Cheese & Turkey Sausage Breakfast Scrambler
With
Raisins
And
Fresh Stone Fruit, White Skim Milk & White 1% Milk

28

Egg & Cheese Breakfast Scrambler
With
Raisins
And
Fresh Stone Fruit, White Skim Milk & White 1% Milk

WEDNESDAY

1

WG Glazed Stick & a Hard Boiled Egg
With
100% Fruit Juice
And
Fresh Apple Slices, White Skim Milk & White 1% Milk

8

1oz. WG Kix Cereal & a Hard- Boiled Egg
With
100% Fruit Juice
And
Fresh Apple Slices, White Skim Milk & White 1% Milk

15

1oz. WW RS Frosted Mini Wheat Cereal & a Hard- Boiled Egg
With
100% Fruit Juice
And
Fresh Apple Slices, White Skim Milk & White 1% Milk

22

1oz. WG RS Cocoa Puff Cereal & a Hard-Boiled Egg
With
100% Fruit Juice
And
Fresh Apple Slices, White Skim Milk & White 1% Milk

29

1oz. WG Kix Cereal & a Hard- Boiled Egg
With
100% Fruit Juice
And
Fresh Apple Slices, White Skim Milk & White 1% Milk

THURSDAY

2

WG Waffles
With
Dried Fruit
And
Fresh Pear, White Skim Milk & White 1% Milk

9

WG Super Slice Bread
With
Dried Fruit
And
Fresh Pear, White Skim Milk & White 1% Milk

16

WG Pancakes
With
Dried Fruit
And
Fresh Pear, White Skim Milk & White 1% Milk

23

WG Mini Cinnamon Crumb Loaf
With
Dried Fruit
And
Fresh Pear, White Skim Milk & White 1% Milk

30

WG French Toast Sticks
With
Dried Fruit
And
Fresh Pear, White Skim Milk & White 1% Milk

FRIDAY

3

1oz. GF WG Cinnamon Chex Cereal & Danimal Yogurt
With
100% Fruit Juice
And
Fresh Banana, White Skim Milk & White 1% Milk

10

1oz. WG RS Marshmallow Matey Cereal & Danimal Yogurt
With
100% Fruit Juice
And
Fresh Banana, White Skim Milk & White 1% Milk

17

1oz. WG RS Cinnamon Toast Crunch & Danimal Yogurt
With
100% Fruit Juice
And
Fresh Banana, White Skim Milk & White 1% Milk

24

1oz. GF WG Cinnamon Chex Cereal & Danimal Yogurt
With
100% Fruit Juice
And
Fresh Banana, White Skim Milk & White 1% Milk

31

1oz. WG RS Marshmallow Matey Cereal & Danimal Yogurt
With
100% Fruit Juice
And
Fresh Banana, White Skim Milk & White 1% Milk

One Full Reimbursable Breakfast is Free to Each Student.

A La Carte Items will be charged accordingly.

Menu is Subject to Change

This institution is an equal opportunity provider.

Manage Your Student's Account Online

- Visit www.MySchoolBucks.com



A K-12 USDA Reimbursable Breakfast Includes... 1 Skim or 1% White Milk, a Whole Grain Item or a Plant/Animal Based Protein & Fruit or Vegetable

Assorted Condiments, Skim White, Skim Chocolate, or 1% White Milk are Available Daily.

Be Sure to Complete any Meal at our 5-A-Day Bar which features a Seasonal Assortment of Fresh Fruits & Veggies
Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need.
If you have any questions or would like additional information regarding this menu, please contact kbressani@rcmahar.org