Lunch

Celebrate Lunar New Year!
The festival begins on January
19th and ends with the 'Lantern
29th and ends with the 'Entern'
Festival' on February 12th

JANUARY 2025 Fisher Hill Elementary School

Ralph C. Mahar Regional & School Union 73

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



One Full Reimbursable Lunch is Free to Each Student - A La Carte Items will be charged accordingly

Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need

If you have any questions, or would like additional information regarding this menu, please contact your food service director at kbressani@rcmahar.org

b Sandy

BBQ Chicken Sandwich on a WW Bun with Seasoned Baked Fries, Corn Salad, Applesauce Cup & Fresh Watermelon 7

Grilled Cheese on WW Bread with Tomato Soup, Fresh Red Pepper Strips. Mixed Berry Slushy Cup & Fresh Orange Wedges ጸ

Chicken Nuggets with a WG Cookie, Steamed Green Beans, Fresh Cucumber Wheels, Strawberry Slushy Cup & Fresh Apple Slices 9

All Beef Hot Dog on a WW Bun with Boston Baked Beans, Black Bean Salad, Mixed Fruit Cup & Fresh Strawberries 10

Mac & Cheese with Seasoned Roasted Broccoli, Side Salad, Blueberries & Cream Cup & Fresh Grapes

Alternate Meals: Tuna Salad Sandwich with Lettuce on Whole Wheat, Bagel Fun Lunch, or Chicken Caesar Salad with a Whole Wheat Roll

13

BBQ Pulled Pork on a WW Bun with Ranch Seasoned Roasted Potato Wedges, Corn Salad, Applesauce Cup & Fresh Cantaloupe 14

Garlic Butter WW Pasta with Chicken, Steamed Carrots, Heirloom Tomatoes, Mixed Berry Slushy Cup & Fresh Orange Wedges 15

Early Release

Choose from: a Ham & Cheese Sandwich or a Cereal Fun Lunch both served with assorted fruits & veggies 16

Beef Soft Taco with Slow Cooked Seasoned Beans, Black Bean Salsa, Guacamole, Cheese, Lettuce, Mixed Fruit Cup & Fresh Strawberries 17

French Bread Cheese or Pepperoni Pizza with Sauteed Kale, Side Salad, Blueberries & Cream Cup & Fresh Grapes

Alternate Meals: Ham & Cheese Sandwich with Lettuce & Tomato on Whole Wheat, Cereal Fun Lunch, Yogurt & Granola Otter Box

20

No School

Martin Luther King Jr. Day



21

Crispy Chicken Sandwich on a WW Bun, Baked Fries, Potato Salad, Mixed Berry Slushy Cup & Fresh Orange Wedges 22

Stuffed Crust Cheese or Peperoni Pizza with Steamed Broccoli, Red Pepper Strips, Strawberry Slushy Cup & Fresh Apple Slices 23

Hamburger or Cheeseburger on a WW Bun with Vegetarian Baked Beans, 3 Bean Salad, Mixed Fruit Cup & Fresh Strawberries 24

Cheesy Chicken Parmesan Bake with WW Pasta in Marinara Sauce, Side Salad, Blueberries & Cream Cup & Fresh Grapes

Alternate Meals: Chicken Salad Sandwich with Lettuce on Whole Wheat, Muffin Fun Lunch, or Vegan Strawberry Fields Salad with a Whole Wheat Pita

27

Roasted Turkey Dinner with Mashed Potatoes, Homemade Corn Bread, Corn Salad, Cranberry Sauce & Fresh Honeydew Melon 28

WG Breaded Mozzarella Sticks with Marinara Sauce, Roasted Local Butternut Squash, Carrot Slaw, Mixed Berry Slushy Cup & Fresh Orange Wedges 29

Sweet & Sour Chicken in a
Cherry & Pineapple Sauce with
Scallion Rice, Fresh Snap Peas,
Strawberry Slushy Cup, Fresh
Apple. & a Fortune Cookie

30

Chicken & Vegetable Dumplings with Sweet & Sour Dipping Sauce, Sweet Soy Roasted Edamame, Lentil Salad, Mixed Fruit Cup & Fresh Strawberries 31

Deep Dish Cheese or Peperoni Pizza with Roasted Bok Choy, Side Salad, Blueberries & Cream Cup & Fresh Grapes

Alternate Meals: Sunbutter & Jelly Sandwich Sandwich on Whole Wheat, Bagel Fun Lunch, or Vegan Hummus & Pita Otter Box