

Ralph C. Mahar Regional School and Orange Elementary Schools

Food Services Department

Meal Modification Policy

Ralph C. Mahar Regional School and Orange Elementary Schools participate in the School Breakfast Program (SBP), National School Lunch Program (NSLP), and the Summer Food Service Program (SFSP), and will provide reasonable modifications to the program meals or meal service to accommodate children with disabilities.

Our programs will ensure that breakfast and lunch offered throughout the districts meet the respective meal pattern requirements set by the USDA and will make reasonable modifications to accommodate children with disabilities. We will make substitutions to meals at no extra charge for children with a disability that restricts the child's diet when supported by a written statement from a State licensed healthcare professional, to include a list of substitutions.

Section 504, the ADA, and Departmental Regulations at 7 CFR part 15b define a person with a disability as any person who has a physical or mental impairment that substantially limits one or more "major life activities," has a record of such impairment, or is regarded as having such impairment." (See 29 USC § 705(9)(b); 42 USC § 12101; and 7 CFR 15b.3.) "Major life activities" are broadly defined and include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating, and working. "Major life activities" also include the operation of a major bodily function, including but not limited to, functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine, and reproductive functions. (See 29 USC § 705(9)(b) and 42 USC § 12101.)

Meals that do not meet the program meal pattern are not eligible for State or Federal reimbursement unless supported by a medical statement, however, we will accommodate requests related to a disability that are not supported by a medical statement if the requested modifications can be accomplished within the program meal pattern.

If you have a medical issue, please fill out the 'Meal Modification Request form', located on the rcmahar.org and orange-elem.org websites, and return it to your school nurse or Jacki S.

Dillenback, Director of Food Services, 507 South Main Street, Orange, MA. 01364 or email to jdillenback@rcmahar.org

Student Name: _____
 School: _____ Grade: _____

Meal Modification Request Form

Student Name		School
What Food(s) Should be Avoided:		Recommended Substitutions:
Brief Explanation of How Exposure to the Food(s) Effects the Child:		
Are There Any Other Modifications to the Meal Needed:		
Signature of Parent/Guardian	Printed Name	Date
Signature of Medical Authority	Printed Name	Date

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: [How to File a Complaint](#), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail: U.S. Department of Agriculture
 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410;

fax: (202) 690-7442; or

email: program.intake@usda.gov.

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