

Lunch

Celebrate National School Breakfast Week March 3rd – 7th!
<https://schoolnutrition.org/resource/nsbw25-activity-guide/>

MARCH 2025
Petersham Center School

Ralph C. Mahar Regional & School Union 73



MONDAY

3

Brunch for Lunch!

WG Pancakes with Green Eggs & Ham, Hash Browns, Corn Salad, Applesauce Cup & Fresh Orange Smiles

TUESDAY

4

BBQ Pulled Pork Sandwich on a WW Bun with Sweet Potato Fries, Sweet Red Pepper Strips, Mixed Fruit Cup & Fresh Grapes

WEDNESDAY

5

Early Release

Choose from: a Tuna Sandwich or a Cereal Fun Lunch both served with Assorted Fruits & Veggies

THURSDAY

6

WG Mozzarella Sticks with Marinara Dipping Sauce, Baked Beans, Fruity Black Bean Salad, Pear Cup & Fresh Strawberries

FRIDAY

7

Star Shaped Fish Nuggets with WG Goldfish Crackers, Tartar Sauce, Side Salad, & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Tuna Sandwich with Lettuce & Tomato on Whole Wheat, Cereal Fun Lunch, Sunbutter & Pretzel Fox Box



10

2 Pieces of Bone-In Baked BBQ Chicken with Corn on the Cob, a WW Dinner Roll, Potato Salad, Applesauce Cup & Fresh Orange Wedges

11

Turkey Pot Pie filled with Peas & Carrots, topped with a WW Biscuit, Heirloom Tomato Cup, Mixed Fruit Cup & Fresh Grapes

12

Pepperoni or Cheese French Bread Pizza with Seasoned Roasted Broccoli, Fresh Cucumber Wheels, Peach Cup & Fresh Watermelon

13

Chicken Fajita with Peppers & Onions in a WW Tortilla with Sofrito Black Beans, Chickpea Side Salad, Pear Cup & Fresh Strawberries

14

Atlantic Salmon Filet Baked in an Herb & Butter Sauce with a WW Roll, Roasted Green Beans & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Turkey BLT Sandwich on Whole Wheat, Muffin Fun Lunch, or Chicken Fajita Salad with WG Tortilla Chips

17

Happy St. Patrick's Day!

Homemade Shepherd's Pie with a WG Shamrock Cookie, Corn Salad, Applesauce Cup & Fresh Orange Wedges

18

Northwest Pear, Turkey, & Mozzarella Panini with Sweet Potato Waffle Fries, Rainbow Carrot Dippers, Mixed Fruit Cup & Fresh Grapes

19

Cheesy Chicken Parmesan Bake with WW Pasta in Marinara Sauce, Roasted Cauliflower, Green Peppers Strips, Peach Cup & Fresh Honeydew Melon

20

Hamburger or Cheeseburger on a WW Bun served with Vegetarian Baked Beans, Cinnamon & Sugar Crunchy Chickpeas, Pear Cup & Fresh Strawberries

21

No School
Teacher Professional Development Day



Alternate Meals: All American Sub (Ham, Turkey & Cheese) on Whole Wheat, Bagel Fun Lunch, or Vegan Hummus Fox Box



24

Pork Carnitas Street Tacos on WW Flour Tortillas with Baked Plantains, Corn Salsa, Cheese, Sour Cream, Applesauce Cup & Orange Wedges

25

Roasted Turkey Dinner with Baked Sweet Potatoes, Mini WG Cornbread, Sweet Red Pepper Strips, Mixed Fruit Cup & Fresh Grapes

26

Stuffed Crust Cheese or Pepperoni Pizza Slice with Fresh Roasted Ratatouille, Celery Sticks, Peach Cup & Fresh Cantaloupe

27

Baseball Opening Day!

Ball Park Hot Dog with Boston Baked Beans, Popcorn, Hummus & Veggie Snackers, 100% Fruit Italian Ice & Fresh Strawberries

28

Cajun Seasoned Atlantic Salmon Filet with Rice & Beans, Collard Greens, & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: 'The Elvis' Sunbutter & Banana Wrap, Cereal Fun Lunch, Apple & Turkey Spring Salad with a Whole Wheat Dinner Roll

31

Tuscan Turkey & Bean Soup with a Toasted 3 Cheese Sandwich on WG Bread, Potato Salad, Applesauce Cup & Fresh Orange Wedges



A USDA K-8 Reimbursable Lunch Includes.... 1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Vegetables

Assorted Condiments, Carroteenies, Skim Milk, or 1% White Milk are Available Daily

Manage Your Student's Account Online - Make Prepayments - View Transaction History
 - View Account Balance - Visit www.MySchoolBucks.com

One Full Reimbursable Lunch is Free to Each Student - A La Carte Items will be charged accordingly.

Alternative Milk Choices, such as Lactaid or Soy Milk, are available with a documented dietary need.

If you have any questions, or would like additional information regarding this menu, please contact your Food Service Director at kbressani@rcmahar.org

This institution is an equal opportunity provider.