




Monday	Tuesday	Wednesday	Thursday	Friday
2 WG Trix Cereal Fresh Apple Slices Hood 1% Lowfat Milk Hood Fat Free Milk	3 WG Lemon Loaf Fresh Mandarin Orange Hood Fat Free Milk Hood 1% Lowfat Milk	4 WG Cinnamon Toast Crunch Petite Banana Hood 1% Lowfat Milk Hood Fat Free Milk	5 WG Graham Crackers 100% Fruit Juice Hood 1% Lowfat Milk Hood Fat Free Milk	6 WG GF Honey Cheerios Fresh Apple Slices Hood 1% Lowfat Milk Hood Fat Free Milk
9 WG Banana Bread Cinnamon Applesauce Cup Hood 1% Lowfat Milk Hood Fat Free Milk	10 WG Cocoa Puff Cereal Petite Banana Hood 1% Lowfat Milk Hood Fat Free Milk	11 Nutri-Grain Strawberry Bar 100% Fruit Juice Hood Fat Free Milk Hood 1% Lowfat Milk	12 GF WG Rice Chex Fresh Mandarin Orange Hood 1% Lowfat Milk Hood Fat Free Milk	13 Maple Mini Pancakes Diced Peach Cup Hood Fat Free Milk Hood 1% Lowfat Milk
16 WG GF Honey Cheerios Fresh Apple Slices Hood 1% Lowfat Milk Hood Fat Free Milk	17 WG Cina-Mini Bagel 100% Fruit Juice Hood 1% Lowfat Milk Hood Fat Free Milk	18 WG Graham Crackers Petite Banana Hood 1% Lowfat Milk Hood Fat Free Milk	19 	20

A USDA Pre-K Reimbursable Breakfast Includes: 1 Skim or 1% White Milk, ½ cup of Fruit, & a Whole Grain Breakfast Item OR a Plant/Animal Based Protein
One Full Reimbursable Breakfast is Free to Each Student
Alternative Milk Choices such as Lactaid and Soy Milk are available to any student with a documented dietary need
Manage Your Student's Account Online - Make Prepayments - View Transaction History - View Account Balance – Visit www.MySchoolBucks.com
If you have any questions or would like additional information regarding this menu, please contact your food service director at kbressani@rcmahar.org
This institution is an equal opportunity provider