

## JANUARY 2025 Petersham Center School

Ralph C. Mahar Regional & School Union 73

MONDAY

## TUESDAY

**WEDNESDAY** 

**THURSDAY** 

FRIDAY



One Full Reimbursable Breakfast is Free to Each Student - Breakfast is Available until 10:00 a.m.

Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need

If you have any questions, or would like additional information regarding this menu, please contact your food service director at kbressani@rcmahar.org



**O** G Break

Zee Zee's WG Breakfast Bar with String Cheese or Assorted WG Cereals with Goldfish, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice 7

WG Buttery Maple Belgian Waffle or Assorted WG Cereals with a Graham Cracker, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice ጸ

Homemade Ham & Cheese Muffin or Assorted WG Cereals with Cheez Itz, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice Q

Bacon, Egg & Cheese Sandwich on a WW Bagel or Assorted WG Cereals with a Graham Cracker, Fresh Apple Slices, Banana, Orange, 100% Fruit Juice 10

Assorted Quaker Oatmeal's with Yogurt or Assorted WG Cereals with Pretzels, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice



Zee Zee's WG Breakfast Bar with String Cheese or Assorted WG Cereals with Goldfish, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice 14

WG Sweet Cinnamon Belgian Waffle or Assorted WG Cereals with a Graham Cracker, Fresh Apple Slices, Banana, Mandarin Orange, & 100% Fruit Juice 15

Homemade Banana Bread or Assorted WG Cereals with Cheez Itz, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice 16

Egg & Cheese Sandwich on a WW English Muffin or Assorted WG Cereals with Graham Cracker, Fresh Apple Slices, Banana, Orange, 100% Fruit Juice 17

Assorted Quaker Oatmeal's with Yogurt or Assorted WG Cereals with Pretzels, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice

20

No School

Martin Luther King Jr. Day



21

WG Mini Maple Pancake Bites or Assorted WG Cereals with a Graham Cracker, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice **22** 

Homemade Blueberry Muffin or Assorted WG Cereals with Cheez Itz, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice 23

Ham, Egg & Cheese Sandwich on a WW Bun or Assorted WG Cereals with Graham Cracker, Fresh Apple Slices, Banana, Orange, 100% Fruit Juice 24

Assorted Quaker Oatmeal's with Yogurt or Assorted WG Cereals with Pretzels, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice

27

Zee Zee's WG Breakfast Bar with String Cheese or Assorted WG Cereals with Goldfish, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice 28

WG Wild Blueberry Belgian
Waffle or Assorted WG Cereals
with a Graham Cracker, Fresh
Apple Slices, Petite Banana,
Mandarin Orange, & 100% Fruit
Juice

29

Maple Apple French Toast Bake or Assorted WG Cereals with Cheez Itz, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice 30

Egg & Cheese Sandwich on a WW Croissant or Assorted WG Cereals with a Graham Cracker, Fresh Apple Slices, Banana, Orange, 100% Fruit Juice 31

Assorted Quaker Oatmeal's with Yogurt or Assorted WG Cereals with Pretzels, Fresh Apple Slices, Petite Banana, Mandarin Orange, & 100% Fruit Juice

It's National Croissant Day!

