



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>WG Croissant or WG English Muffin, Sausage, Egg, & Cheese Sandwich served with Hash Browns, Homemade Potato Salad, Apricot Slushy Cup, & Fresh Plum</p>	<p>3</p> <p>WG Breaded Mozzarella Stick & Chicken Nugget Combo served with Steamed Carrots, Crunchy Red Pepper Strips, Pear Cup, & Fresh Apple Slices</p>	<p>4</p> <p>Chicken & Vegetable Dumplings served with Teriyaki Mixed Vegetables, Celery Sticks, Peach Cup, & Fresh Watermelon</p>	<p>5</p> <p>BBQ Pulled Pork on a WW Bun served with Vegetarian Baked Beans, Crunchy Chickpeas, Mixed Fruit Cup, & Fresh Strawberries</p>	<p>6</p> <p>WG Cheesy Stuffed Breadsticks with Marinara Dipping Sauce, Italian Seasoned Broccoli, Fresh Grapes, & Chef's Choice of Assorted Fruits & Veggies</p>
<p><i>Alternate Meals: Tuna Salad Sandwich on Whole Wheat, Bagel Fun Lunch, or Chicken Caesar Salad with a Whole Wheat Roll</i></p>				
<p>9</p> <p>WG French Toast Sticks served with Seasoned Potato Wedges, Homemade Potato Salad, Mixed Berry Slushy Cup, Fresh Orange</p>	<p>10</p> <p>Crispy Chicken Sandwich on a WW Bun served with Roasted Local Koginut Squash Smiles, X-Ray Carrot Sticks, Pear Cup, & Fresh Apple Slices</p>	<p>11</p> <p>Pepperoni or Cheese French Bread Pizza with Roasted Cauliflower, Fresh Cucumber Wheels, Peach Cup & Fresh Cantaloupe</p>	<p>12</p> <p>Turkey Soft Taco with Shredded Cheddar Cheese & Lettuce, Red Beans & Rice, Fruited Black Bean Salad, Applesauce Cup, & Fresh Strawberries</p>	<p>13</p> <p>Whole Grain Mac & Cheese with Steamed Broccoli Trees, Homemade Brownie Square & Chef's Choice of Assorted Fruits & Veggies</p>
<p><i>Alternate Meals: Ham & Cheese Sandwich on Whole Wheat, Cereal Fun Lunch, Yogurt & Granola Otter Box</i></p>				
<p>16</p> <p>Chicken Fajitas with Peppers & Onions on a Whole Wheat Tortilla with Sweet Roasted Plantains, Fiesta Corn Salad, Mixed Berry Slushy Cup, & Fresh Orange</p>	<p>17</p> <p>Grilled BBQ Chicken Sandwich on a WW Bun served with Sweet Potato Fries, Heirloom Tomatoes, Pear Cup, & Fresh Apple Slices</p>	<p>18</p> <p>Early Release <i>Choose from: a Greek Salad with WW Pita & or a Muffin Fun Lunch both with Carroteenies & a 100% Fruit Juice</i></p>	<p>19</p> <p>Hamburger or Cheeseburger on a WW Bun served with Boston Baked Beans, Fresh Baked Angel Food Cake & Chef's Choice of Assorted Fresh Fruits & Veggies</p>	<p>20</p> <p>Early Release <i>Choose from: Chicken Salad Sandwich on Whole Wheat & or a Muffin Fun Lunch both with Carroteenies & a 100% Fruit Juice</i></p>
<p><i>Alternate Meals: Chicken Salad Sandwich on Whole Wheat, Muffin Fun Lunch, or Greek Salad with Whole Wheat Pita</i></p>				
<p>23</p> 	<p>24</p> 	<p>25</p> 	<p>26</p> 	<p>27</p> 
<p>30</p> 	<p>31</p> 			

One Full Reimbursable Lunch is Free to Each Student - A La Carte Items will be charged accordingly

Alternative Milk Choices such as Lactaid or Soy Milk are available to any student with a documented dietary need

This institution is an equal opportunity provider.

A USDA K-8 Reimbursable Lunch Includes.... 1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Vegetables

Assorted Condiments, Carroteenies, Skim Milk, or 1% White Milk are Available Daily

Manage Your Student's Account Online - Make Prepayments - View Transaction History - View Account Balance - Visit www.MySchoolBucks.com

If you have any questions or would like additional information regarding this menu, please contact your food service director at kbressani@rcmahar.org