

NSLP Afterschool SNACK MONTHLY MENU

February 2025 – Ralph C. Mahar Regional School

Grade Range: K-12

Total Snacks for Month:

AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	3 WG Pop Chips Mixed Berry Slushy Cup Fresh Apple Slices Total Count:	4 2 WW GF Fresh Baked Cookies Carroteenies 100% Fruit Juice Total Count:	5 Mozzarella String Cheese Strawberry Slush Cup Fresh Banana Total Count:	6 2 WW GF Fresh Baked Cookies Carroteenies 100% Fruit Juice Total Count:	7 WG Goldfish Peach Slushy Cup Fresh Orange Total Count:
AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	10 Popcorn Mixed Berry Slushy Cup Fresh Apple Slices Total Count:	11 2 WW GF Fresh Baked Cookies Carroteenies 100% Fruit Juice Total Count:	12 <i>No After School Program</i>	13 2 WW GF Fresh Baked Cookies Carroteenies 100% Fruit Juice Total Count:	14 WG Cheez Its Peach Slushy Cup Fresh Orange Total Count:
AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	20 <i>No After School Program</i>	21 <i>No After School Program</i>	22 <i>No After School Program</i>	23 <i>No After School Program</i>	24 <i>No After School Program</i>
AFTERNOON SNACK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(Serve any two of the following): Milk ¾ cup Fruit and/or Vegetable Bread or Alternate Meat or Alternate	24 WG Crackers Mixed Berry Slushy Cup Fresh Apple Slices Total Count:	25 2 WW GF Fresh Baked Cookies Carroteenies 100% Fruit Juice Total Count:	26 Yogurt Cup Strawberry Slush Cup Fresh Banana Total Count:	27 2 WW GF Fresh Baked Cookies Carroteenies 100% Fruit Juice Total Count:	28 WG Pop Tart Peach Slushy Cup Fresh Orange Total Count:

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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. **fax:**

(833) 256-1665 or (202) 690-7442; or

3. **email:**

Program.Intake@usda.gov

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