

Lunch

Celebrate Lunar New Year!
The festival began on January 29th and ends with the 'Lantern Festival' on February 12th.

FEBRUARY 2025
Orange Elementary School

Ralph C. Mahar Regional & School Union 73

MONDAY

3

Brunch for Lunch!
WG Pancakes with 2 Egg Patties, Corn on the Cob, Potato Salad, Applesauce Cup & Fresh Pears

TUESDAY

4

Garlic Butter WW Pasta with Chicken, Steamed Carrots, Red Pepper Strips, Strawberry Slushy Cup & Fresh Orange Wedges

WEDNESDAY

5

Cheese or Pepperoni Pizza Slices on WW Crust with Fresh Roasted Ratatouille, Cucumber Wheels, Peach Cup & **Fresh Dragon Fruit Wedges**

THURSDAY

6

Hamburger or Cheeseburger on a WW Bun with Vegetarian Baked Beans, 3 Bean Salad, Pickles, Mixed Fruit Cup & Fresh Strawberries

FRIDAY

7

Super Bowl Party!
WG Giant Pretzel with Cheese Sauce, Popcorn, **Ginger-Soy Broccoli Rabe** & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Ham & Cheese Sub Sandwich with Lettuce & Tomato on Whole Wheat, Cereal Fun Lunch, Chef Salad with a Whole Wheat Dinner Roll

10

Pork Carnitas Street Tacos on WW Flour Tortillas with Sweet Baked Plantains, Corn Salsa, Shredded Cheese, Sour Cream, Applesauce Cup & Fresh Honeydew Melon

11

'Bahn-Mi-Style' Teriyaki Grilled Chicken Sandwich on a WW Baguette with Sweet Potato Fries, Carrot Slaw, Pickles, Pear Cup & Fresh Orange Wedges

12

Early Release
Choose from: a Turkey & Cheese Sandwich or a Muffin Fun Lunch both served with assorted fruits & veggies

13

Cheesy Chicken Parmesan Bake with WW Pasta in Marinara Sauce, Split Pea Summer Salad, Mixed Fruit Cup & Fresh Strawberries

14

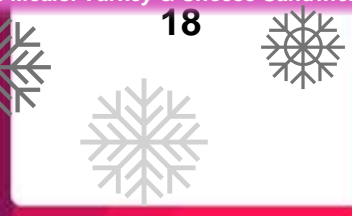
Cheese or Pepperoni French Bread Pizza on a WW Crust, Slow Simmered Collard Greens, & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Turkey & Cheese Sandwich with Lettuce & Tomato on Whole Wheat, Muffin Fun Lunch, or Power Up! Otter Box

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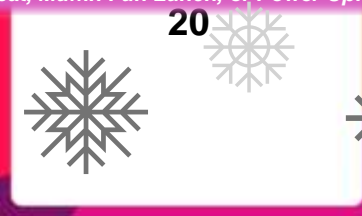
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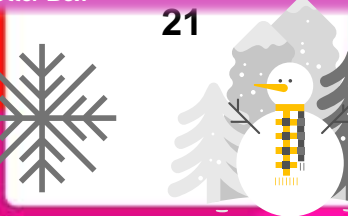
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21



24

Crispy Chicken Patty Sandwich on a WW Bun with Ranch Seasoned Baked Potato Fries, Potato Salad, Applesauce Cups & Fresh Cantaloupe

25

Chicken Tikka Masala with Rice Pilaf, Baked Sweet Potatoes, Heirloom Tomatoes, Pear Cup & Fresh Orange Wedges

26

Cheese or Pepperoni Individual Deep-Dish Pizza on a WW Crust with Seasoned Mixed Veggie Blend, Celery Sticks, Peach Cup & Fresh Grapes

27

Nachos with Cheese Sauce & Mexi Seasoned Beef, Rice & Beans, Corn & Bean Salsa, Lettuce, Guacamole, Mixed Fruit Cup & Fresh Strawberries

28

Chicken & Waffles with Cinnamon & Local Maple Syrup Roasted Apples, Side Salad, & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Sunbutter & Fluff Sandwich on Whole Wheat, Bagel Fun Lunch, or Chicken Caesar Salad with a Whole Wheat Roll



A USDA K-8 Reimbursable Lunch Includes.... 1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Vegetables

Assorted Condiments, Carroteenies, Skim Milk, or 1% White Milk are Available Daily

Manage Your Student's Account Online - Make Prepayments - View Transaction History - View Account Balance - Visit www.MySchoolBucks.com

One Full Reimbursable Lunch is Free to Each Student - A La Carte Items will be charged accordingly.

Alternative Milk Choices, such as Lactaid or Soy Milk, are available with a documented dietary need.

If you have any questions, or would like additional information regarding this menu, please contact your Food Service Director at kbressani@rcmahar.org

This institution is an equal opportunity provider.