

Lunch

Earth Day is April 22nd!
Earth Day Activities are happening
all over the world! Find out more
here: <https://www.earthday.org/>

APRIL 2025
Orange Elementary School

Ralph C. Mahar Regional &
School Union 73



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Chicken Tenders with Baked Sweet Potato Fries, Moroccan Carrot Salad with Cinnamon, Mixed Fruit Cup & Watermelon Wedges

2

Beef & Broccoli Lo Mein with Bamboo Shoots and Bean Sprouts, Cucumber Wheels, Peach Cup & Fresh Grapes

3

Hamburger or Cheeseburger on a WW Bun served with Vegetarian Baked Beans, 3 Bean Salad, Pear Cup & Fresh Strawberries

4

Pepperoni or Cheese French Bread Pizza with Soy, Honey, Ginger Sauteed Bok Choy & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Turkey BLT Sandwich on Whole Wheat, WW Muffin Fun Lunch, or Yogurt & Granola Otter Box

7

Turkey Soft Taco with Baked Plantains, Shredded Cheese, Lettuce, Corn Salsa, Sour Cream, Strawberry & Cream Cup & Orange Wedges

8

Teriyaki Chicken Sandwich on a WW Bun with Baked Sweet Potato Fries, Homemade Pico De Gallo, Mixed Fruit Cup & Watermelon Wedges

9

Big Daddy's Cheese or Ham & Pineapple Pizza on WW Crust with Steamed Green Beans, Raw Cauliflower Snackers, Peach Cup & Fresh Grapes

10

Chicken & Vegetable Dumpling with Dipping Sauce, Vegetable Fried Rice, Roasted Edamame, Crunchy Roasted Chickpeas, Pear Cup & Fresh Strawberries

11

American Chop Suey with WW Elbows, Ground Beef, Marinara Sauce & Melted Mozzarella, served with Somerville Lemon Zest Broccoli & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: All American Sub (Ham, Turkey & Cheese) on Whole Wheat, WW Bagel Fun Lunch, or Chicken Caesar Salad with a Whole Wheat Dinner Roll

14

Brunch for Lunch!
2 Pancakes with Scrambled Eggs, Seasoned Baked Potato Wedges, Spring Pea & Mint Salad, Strawberry & Cream Cup & Orange Wedges

15

Turkey Pot Pie filled with Peas & Carrots topped with a WW Biscuit, Sweet Red Pepper Strips, Mixed Fruit Cup & Watermelon Wedges

16

Early Release
Choose from: a Power Up! Fox Box or a Cheerio Cereal Fun Lunch both served with assorted fruits & veggies

17

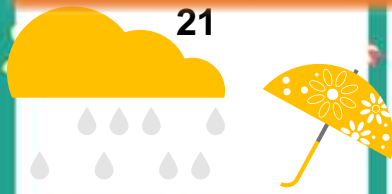
Global Flavors!
Moroccan Chickpea Stew served over Long Grain Wild Rice, Hummus & Veggie Snackers, Pitted Dates & Fresh Strawberries

18

Stuffed Crust Cheese or Pepperoni Pizza Slice with Sauteed Local Fiddleheads & Chef's Choice of Assorted Fruits & Veggies

Alternate Meals: Egg Salad Sandwich on a Whole Wheat Croissant, Cheerio Cereal Fun Lunch, Power Up! Otter Box

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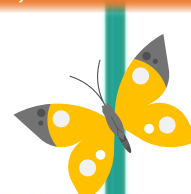
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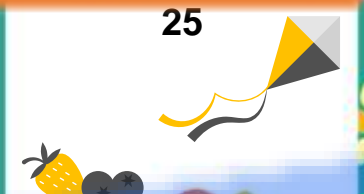
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28

2 Pieces of Bone-In BBQ Baked Chicken served with Corn on the Cob, a Fresh Baked Cookie, Potato Salad, Strawberry & Cream Cup & Orange Wedges

29

Turkey Gyro with Homemade Cucumber Sauce on a WW Pita with Baked Sweet Potato Fries, Heirloom Tomatoes, Mixed Fruit Cup & Watermelon Wedges

30

Cheese or Veggie Individual Deep-Dish Pizza on a WW Crust with Roasted Local Asparagus, Green Pepper Strips, Peach Cup & Fresh Grapes

Alternate Meals: Sunbutter & Jelly Sandwich on Whole Wheat, WW Muffin Fun Lunch, or Vegan Strawberry Fields Salad with WW Pita

As the Massachusetts Growing Season Begins to pick up, look for the Leaf on the Menu that will Highlight Locally Grown Items

A USDA K-8 Reimbursable Lunch Includes.... 1 Skim or 1% White Milk, a Whole Grain Item, a Plant/Animal Based Protein, Fruits & Vegetables

Assorted Condiments, Carroteenies, Skim Milk, or 1% White Milk are Available Daily

Manage Your Student's Account Online - Make Prepayments - View Transaction History - View Account Balance - Visit www.MySchoolBucks.com

One Full Reimbursable Lunch is Free to Each Student - A La Carte Items will be charged accordingly.

Alternative Milk Choices, such as Lactaid or Soy Milk, are available with a documented dietary need.

If you have any questions, or would like additional information regarding this menu, please contact your Food Service Director at kbressani@rcmahar.org

This institution is an equal opportunity provider.